



Client Self-Administered Medication Assistance Training

Medication Assistance

“Medication assistance” means providing medication reminders and opening medication packaging; but does not mean giving the service recipient injections or any form of medication or medication administration that would only be appropriate and acceptable for persons who are authorized to do so by Title 63, Chapter 7. Medication assistance includes, but is not limited to, any of the following:

- a) Loosening the cap on a pill bottle for oral medication;
- b) Opening a pill reminder box if the box is filled by the service recipient or authorized representative or licensed medical personnel practicing within the scope of their license;
- c) Placing medication within reach of the service recipient;
- d) Holding a service recipient’s hand steady to help them with drinking liquid medication;
- e) Guiding the service recipient’s hand when the individual is applying eye/ear/nose drops and wiping the excess liquid;
- f) Helping with a nasal cannula or mask for oxygen, plugging the machine in and turning it on;
- g) Applying non-prescription creams and lotions purchased over-the-counter to external parts of the body.

Self-administration of Medication

“Self-administration of Medication” means the ability of the service recipient to take prescribed or over-the-counter medications without assistance from another person.
